



FOOD DRIVE

NOV. 2ND - 19TH

DROP OFF IN CFC OFFICE



PACKING NIGHT

WED. NOV 19TH

KOOPMAN'S HALL

FOOD PAK SHOPPING LIST

- ☐ 1 PACKAGE OF SPAGHETTI (16 OZ)
- ☐ 1 CAN OF TOMATO SAUCE (15 OZ)
- ☐ 1 CAN OF VEGETABLES (15 OZ)
- ☐ 1 CAN OF BEANS - BLACK OR PINTO (15 OZ)
- ☐ 2 CANS OF TUNA (5 OZ EACH)
- ☐ 4 POUCHES GUMMY FRUIT SNACKS (0.9 OZ EACH)
- ☐ 2 FRUIT SQUEEZE POUCHES (3.2 OZ EACH)
- ☐ 4 CEREAL / GRANOLA BARS (1.3 OZ EACH)
- ☐ 1 PEANUT BUTTER JAR (16 OZ)

WHEN POSSIBLE, PLEASE PURCHASE EASY-OPEN CANS.
NO GLASS JARS, PLEASE.

PLEASE EMAIL DOT@LCPC.NET WITH ANY QUESTIONS!

